

A parishioner writes

SUNDAY REFLECTION

Last Wednesday, was the start of the Lenten season in the Roman Catholic Church. At the Mass, everyone receives Ashes. This simulates the fact that after Death, we all return to Ashes/Dust. This is a sobering thought, as our lives on Earth are but a very short time, in comparison with Eternity, hopefully being Heaven.

Lent is a time for taking up or giving up something that we like doing, in the form of a Penance for our sins. Lent is also a time for Reflection on our lives so far, including Prayer and Repentance. It is also a time for Forgiveness of past wrongs or hurt experienced in our lives.

One way to Reflect on Lent is to take part or as an individual, praying and following the Stations of the Cross, held in the Parish. Next, we as individuals can attend the Sacrament of Reconciliation throughout the Lent season on a regular basis.

Let us use this season of Lent to strengthen our Faith and to reflect fully on our lives, to ensure that we know what we are doing Rightly or Wrongly.

MASSES FOR THE WEEK

Sunday	8.30 am	Pro Pop	Thursday	8.00 am	Bo Bo Farrell (<i>Get Well</i>)
	10.00 am	Dec'd Members of the Glavey Family		6.15 pm	Claire Murphy <i>RIP</i>
	11.15 am	Marie Gozmao <i>RIP</i>	Friday	8.00 am	Tom Lynch <i>RIP</i>
	6.15 pm	Mrs Bridie <i>RIP</i>		3.00 pm	Holy Souls - Hospital
Monday	8.00 am	Agnes McDonald <i>Int</i>		6.15 pm	Joseph Fitzgerald (<i>Get Well</i>)
	6.15 pm	Mrs Walsh <i>RIP</i>	Saturday	10.00 am	Ita Ryall (<i>For Recovery</i>)
Tuesday	8.00 am	Foundation Mass		6.15 pm	Emile Sammut <i>RIP</i>
	6.15 pm	Henry Horne <i>RIP</i>	Sunday	8.30 am	UCM 'For those affected by the financial recession'
Wednesday	8.00 am	Requiem Mass of Mary Ambrose <i>RIP</i>		10.00 am	Dec'd members of the Keeunan Family
	6.15 pm	Philip Russell <i>RIP</i>		11.15 am	Joe Mendes <i>RIP</i>
				6.15 pm	Michael Gilbride <i>RIP</i>

HOUSE TO SHARE Female Professional. Ring 020 8672 3647.

KEYBOARD Do you have an unwanted keyboard which could be donated to the parish for use by a new prayer group commencing after Easter? Please contact the clergy if you can help.

OFFERTORY COLLECTION Last week's collection was £1,180.00 Thank you.

ST ANSELM'S CHURCH

9 Tooting Bec Road, London SW17 8BS Telephone: 020 8672 2179
www.st-anselms-tooting-bec.org.uk

1st Sunday of Lent 1 March 2009

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Parish Team:

Fr William Hebborn,
Fr Oliver Antao & Thelma Lewis

Parish Sisters:

The Little Company of Mary

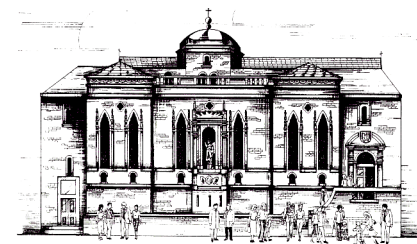
Mass Times: Saturday evening 6.15 pm,
Sunday 8.30, 10.00, 11.15 am & 6.15 pm.

Mass times during the week: Monday, Tuesday, Thursday & Friday 8.00 am & 6.15 pm.

Wednesday & Saturday 10.00 am & 6.15 pm. (No 8.00 am.)

Holydays: 8.00, 10.00 am & 6.15 pm & 8.00 pm

Confessions: Saturday 11.30 – 12.30 pm & 7.00 pm



WEEKDAY READINGS

Monday:	Phil 3:8-14; Ps 1; Mt 5:13-16
Tuesday:	Is 55:10-11; Ps 33; Mt 6:7-15
Wednesday:	Jon 3:1-10; Ps 50; Lk 11:29-32
Thursday:	Esther 4:17; Ps 137; Mt 7:7-12
Friday:	Ezek 18:21-28; Ps 129; Mt 5:20-26
Saturday:	Deut 26:16-19; Ps 118; Mt 5:43-48
Sunday:	Gen 22:1-2.9-13.15-18; Ps 115; Rom 8:31-34; Mk 9:2-10

PLEASE PRAY FOR THE SICK AND HOUSEBOUND OF THE PARISH

We pray for all our housebound parishioners, including those in the six nursing homes and Springfield Hospital.

Recently ill: Sadie Short, Rev. Deacon Michael Choppen, Rebecca Hebborn, Bryony Medor and Helen Bellman.

TODAY'S READINGS

First Reading Genesis 9:8-15

God's covenant after the flood is not only with Noah and humankind, but with all living creatures; and its sign is the rainbow.

Second Reading 1 Peter 3:18-22

Peter sees a comparison between the cleansing waters of the flood and the waters of baptism.

Gospel Mark 1:12-15

Jesus spent forty days in the wilderness with the wild animals to prepare for his public ministry.

PARISH MEETINGS DURING THE WEEK

Monday: Union of Catholic Mothers 2nd and 4th Monday [Mother Teresa] at 2.00 pm in lower hall.
Legion of Mary at 7.00 pm.
St Vincent de Paul at **7.00 pm** (2nd & 4th **Monday** of month).

Wednesday: Exposition and Benediction after 10.00 am Mass.
Friendship Club 2.00 pm – 4.00 pm.

Thursday: R.C.I.A at 7.45pm in lower new hall.
Topic: *Prayer and Spirituality*.

RECENTLY DECEASED Please pray for the repose of Mary Ambrose who died recently. Requiem Mass on Wednesday 4th March at 10.00 am. We remember family and friends in our prayers.

CAFOD SPEAKER On Friday 6th March we have the CAFOD Lenten Fast Day. Next weekend we have a CAFOD Speaker, Francis McDonagh, who will speak to us at all Masses about the Fast Day Appeal, and thank us for all our support for CAFOD's work. Please return your envelopes next weekend at the retiring collection. Thank you.

LENTEN PENANCE – by abstaining from meat or some other food. By abstaining from alcoholic drink, smoking or some form of amusement. By making special efforts involving family prayer, taking part in the Mass, visiting the Blessed Sacrament or praying the Stations of the Cross. By fasting from all food for a longer period than usual and perhaps by giving what is saved in this way to the needy at home and abroad. By making a special effort to help somebody who is poor, sick, old or lonely.

STATIONS OF THE CROSS Wednesday & Friday after the evening Mass and Sunday afternoons during Lent at 5pm.

EUCCHARISTIC SERVICES Due to Fr Will's absence this week there will be Eucharistic Services on Wednesday and Friday evening, followed by Stations of the Cross. Mass intentions on these days have been transferred to the nearest date available.

LENTEN COURSE IN THE YEAR OF ST PAUL. 'LIFE IN CHRIST'

Life in Christ presents a project of re-evangelization and spiritual renewal based on St Paul's Letter to the Romans. It is therefore neither an exegetical commentary nor a theological treatise, but an attempt to go straight to the heart of what animated the Apostle when he wrote this Letter, namely to build up the faith. In this Holy time of Lent we ask that you make a special effort to attend this course **Wed 4th, 11th, 18th, 25th March & 1st April** at 8pm in the upper new hall for 6 weeks.

TUESDAY PRAYER GROUP No meetings on Tuesday evenings during the Lenten Talks on St Paul to the Romans.

COFFEE MORNING Friday 6th March 9am-12noon in the upper new hall. All proceeds to support CAFOD Lenten Fast Day.

FIRST HOLY COMMUNION SERVICE OF RECONCILIATION Please note that the service has been moved to **Saturday 14th March at 10.45am in the church.**

ST ANSELM'S SHOP Visit the shop and see our range of cards, gifts and artefacts. Come in and be pleasantly surprised.

SHOP ROTA Sunday 8th March: Anne W, Belinda & Kevina.

SENIOR YOUTH CLUB Next meeting Friday 6th March old church hall 7-8.30pm.

JUNIOR YOUTH CLUB Next meeting Saturday 7th March 10.30am-12 noon in the old hall. Tooting Bec Road entrance.

WOMEN'S WORLD DAY OF PRAYER Friday 6th March Service at St Andrew's Laitwood Road at 2.00 pm and at Holy Trinity Church, Trinity Road at 7.30 pm. All are welcome. See posters for further details.

SACRAMENT OF CONFIRMATION Sunday 17th May, 11.30am Weekly programme Monday evenings from 7.30-8.30pm March 2nd, 9th & 16th. Thursday 26th March (to include Penitential Service), March 30, April 27 and Wednesday 13 May.

RCIA 'RITE OF ELECTION' AT OUR CATHEDRAL

Yesterday, Saturday 28th February, those in our 'Seeking the Catholic Faith' programme travelled to our Cathedral of St George for the Rite of Election. Please do pray for those in our parish who have made that wonderful decision to become members of our Catholic parish family at Easter.

MARRIAGE PREPARATION

If you are planning to get married this year, please contact the parish office (Tues/Wed/Fri) to make an appointment to see Fr Will.

LITTLE CHILDREN'S PRAYER GROUP

Bring along your little one to share a happy time of praise and prayer. "Let the little children come to me". Every 1st and 3rd Wednesday from 11am to 11.30am in the lower new hall (Tooting Bec Road entrance). Term time only.

CENTENARY MAGAZINE We are looking to form a small committee to organise the centenary magazine. If you have IT skills, please contact Martine or Tom Gately at the parish office for further information.